



# Native Plants - Native Ways

We invite your 4th grade students to join us in an exploration of the traditional way of life of California's First People. For thousands of years, the native people of California depended on their environment to supply them with food, shelter, clothing, medicine and tools. An intimate and deeply knowledgeable relationship with the land allowed Indian people to live successfully and sustainably in one place for many generations.

Long before there was a place called Filoli, this land was part of the tribal territory of the Ssalson Ohlone. The Ssalson homeland was particularly rich in natural resources. Moving from bayside tule marshes abundant with waterfowl to the verdant oak woodlands and meadows of this upland valley, the people maintained a seasonal round of fishing, gathering and hunting. The Pacific ocean, less than a day's journey, provided other food resources as well as trade items such as abalone. Life in these times involved a lot of hard physical labor, but there was always time enough to play games and to create beautiful and useful tools, baskets and regalia.

There have been dramatic changes in the landscape since these early times; grizzly bears no longer roam these hills and new plants have crowded out the native bunch grasses and edible bulbs. But, like California Indian people, many things have survived and are thriving. We look forward to sharing them with you when you visit.

Guided by our trained docents, your students will enjoy a short hike where they will learn to identify common native plants and animals. At Red's Barn, our classroom facility, we will share what we have seen and look at replicated artifacts and baskets. We end the program with several hands-on activities such as making cordage or beads and playing traditional California Indian games.

## **PROGRAM INFORMATION:**

*Days:* As scheduled from mid-February to the end of July and mid-September to mid-November.

*Time:* 9:30 AM-12:00 NOON

*Grade:* 4th grade

*Cost:* \$150 per class. Fee includes all materials. Some scholarships available to eligible schools through the school support program.

## **FOR INFORMATION AND RESERVATIONS**

Visit our website at [www.filoli.org](http://www.filoli.org) or call Filoli Visitor Services Monday - Friday  
9:00 AM-3:00 PM 650 364-8300 x507

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Visit our web site at [www.filoli.org](http://www.filoli.org)